

Ouachita Tiger Wrestling Camps  
410 Ouachita St., OBU Box 3732  
Arkadelphia, AR 71988-0001

**REGISTER TODAY!**  
**Tiger Wrestling Camp**  
**July 2-6**

## TIGER WRESTLING CAMP at Ouachita Baptist University

July 2-6, 2012



### Coaches



#### Kevin Ward

- Head Wrestling Coach, OBU
- Member of 4 National Championship teams at Oklahoma State University
- 2-time Big XII finalist
- Big XII Champion
- 3-time Academic All-American



#### Pat Smith

- 4 -time NCAA National Champion
- Former Oklahoma State University Assistant Wrestling Coach
- Head Coach of the Arkansas Wrestling Academy



**Staff: Ouachita's All-American Wrestlers**

### Driving Directions

**From Dallas** I-30 East to Exit 73. Right on Pine Street. Left on 10th street. Right on Elrod Blvd.

**From Little Rock** I-30 West to Exit 78. Left on Hwy 7 ~3m. Left on Elrod Blvd.

**From Oklahoma City** I-40 West to I-30 West to Exit 78. Left on Hwy 7 ~3m. Left on Elrod Blvd.

### Purposes and Goals

The Ouachita Baptist University Tiger Wrestling Camp has been designed to accommodate all ages and skill levels. Whether you have never wrestled before or are working toward your next state title, the Tiger Wrestling Camp will teach you the skills you need to accomplish your goals.

Wrestlers will be given instruction on the fundamentals of wrestling such as stance, motion, hand fighting and set ups, as well as advanced skills that will help them achieve a high level of success. The majority of the technique sessions will focus on the most important aspect of high school wrestling – scoring takedowns from the neutral position. We will focus on strong set-ups, leg attacks and high percentage finishes. The combination of technique and live wrestling sessions will give participants the opportunity to apply the skills they learn throughout the camp.

Other areas of focus during the camp will be a series of pinning combinations, breakdowns, rides, and escapes. The techniques will be taught by our expert clinicians along with members of the OBU Wrestling team. Each camper will experience one-on-one instruction to insure they will be able to properly learn all of the techniques shown.

with Tiger Head Coach Kevin Ward  
Ouachita Baptist University  
Arkadelphia, Arkansas



## Registration

Registration for camp will be from 12 noon to 4 p.m. on Monday, July 2, at Flippen-Perrin Residence Hall on the OBU campus.

## Typical Day at Camp

6:30 a.m.	Wake up
7-7:45 a.m.	Breakfast
8:30-10:30 a.m.	Technique Session
11:30 a.m.-12:30 p.m.	Lunch
2-4 p.m.	Technique Session
5-5:45 p.m.	Dinner
6:30-8:30 p.m.	Dual Meets/Live Wrestling
10 p.m.	Room Check
10:30 p.m.	Lights Out

## What to Bring

Each camper will be expected to supply his own bedding (twin size), towels, workout gear, shoes, etc. Laundry facilities are available on campus, but each camper should bring enough gear to limit laundry to a minimum.

## Facilities and Housing

All campers will stay in one of Ouachita's residence halls. Two campers will be assigned to each room at check-in on Monday afternoon. Campers may request a roommate on the application. All campers will eat in the Ouachita Commons, the university's state-of-the-art dining hall, which offers a well-balanced, all-you-can-eat meal plan.

## Supervision and Rules

Participants in the camp will be supervised during all organized camp sessions and in the dorms. Campers will be required to attend all scheduled camp sessions and activities. Campers will be required to abide by all rules and regulations that students at Ouachita Baptist University are required to follow. Any violation of these rules will cause immediate dismissal from camp without a refund.

We will use every precaution to prevent accidents. We do not, however, assume any responsibility for medical, dental or other expenses incurred as a result of an accident. A parent or guardian must sign the application before an athlete will be accepted into camp.

## Cost of Camp

The cost of Tiger Wrestling Camp is \$340. A discount of \$20 per person will be given to groups of 10 or more. Group applications MUST be received in one envelope. A \$100 deposit is due with this application. The balance is due and payable upon registration.

Camp tuition covers instruction, housing, meals, secondary insurance and camp T-shirt. Lodging will be available after check-in on Monday, and the first meal will be supper on Monday evening. Breakfast will be served on Friday morning before the camp tournament and will be the last meal served.

## Health Insurance

It is understood that Ouachita Baptist University and the staff do not provide primary insurance coverage during Tiger Wrestling Camp. The tuition of the camp covers secondary accident insurance. In case of injury, the campers' parents' insurance would be the primary insurance coverage.

Signed: \_\_\_\_\_  
(parent or legal guardian)

Insurance Company: \_\_\_\_\_

Group Number: \_\_\_\_\_

## Statement of Disclaimer

I, the undersigned, hereby certify that I am the parent or legal guardian of the camper named on this application. I hereby grant permission for him to participate in the Tiger Wrestling Camp and acknowledge the fact that he is physically able to participate in camp activities. I hereby release the camp and its employees from all claims from injuries or illnesses which may be sustained by our son and authorize the director or his designee to select hospital facilities and/or the physician of his choice and authorize treatment of the camper on this application on an emergency basis in the event such treatment becomes necessary while attending the Tiger Wrestling Camp.

Signed: \_\_\_\_\_  
(parent or legal guardian)

Date: \_\_\_\_\_

## Registration

Camper Name: \_\_\_\_\_

Camper Birthdate (MM/DD/YY): \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

High School: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

Emergency Phone: \_\_\_\_\_

T-Shirt Size:    M    L    XL    2XL    3XL

**A \$100 deposit is required with all applications.**

Make checks payable to  
"Kevin Ward Wrestling Camps."  
Send registration and check to:  
**Ouachita Tiger Wrestling Camps**  
410 Ouachita St., OBU Box 3732  
Arkadelphia, AR 71998-0001

