



# ROOM OF CHAMPIONS

## *OK Elite Freestyle / Greco-Roman*

OK Elite wrestling club membership is available for all wrestlers 8 and older, or with at least 2 years experience. Our coaching staff for the upcoming 2014 Freestyle / Greco-Roman season is made up of six of the best in the country.

Practices begin March 24, 2014 and will be held Mondays, Tuesdays, and Thursdays until June 6, 2014.

Contact Vernon McKown

email: [vmckown07@ideal-homes.com](mailto:vmckown07@ideal-homes.com)

phone: (405)620-5535

Sign-ups held March 1-24

Cost:

\$75.00 sign-up\*

\$75.00 per month (April & May)\*

\*Discount available for those who qualify for free or reduced lunches.

### *To Be The Best, You Gotta Train With The Best!!!*



Shane Valdez  
3x NCAA  
All-American

Kevin Tao  
2012 NCAA  
Qualifier



Ryan Flores  
2x NCAA  
All-American

Andrew Howe  
2010 NCAA  
National Champ



Sam Hazewinkle  
4x All American  
2012 Olympian

Ganbayar Sanjaa  
2x NJCAA, 2x NCAA  
All American



To further enhance the experience for your athlete, OK Elite has lined up an impressive ensemble of guest clinicians, to include (but not limited to):



- **Jared Frayer** - 2012 Olympian & OU Assistant Coach
- **Michael Lightner** - 2005 World Team Member & OU Assistant Coach